

# Making Pasta the Italian Way!

Our student Kristy was asked as a practicum requirement to facilitate a cultural experience for the children. As my husband is Italian & I am very interested in Italian cooking, I suggested that I don my Italian apron, bring in my big pasta board, rolling pin & pasta machine – ready to make pasta! The children helped throughout the process: Patrick, Ruby, Ellen & Lucy cracked the eggs; Phoebe, Heidi & Ella kneaded the dough & Patrick, Isaac G., Lachlan, Cooper, Bliss & Joshua made the pasta sheets using the pasta machine. The children all chipped in, including James & Ben to cut the pieces of pasta from the sheets. Noah H. even used the pasta machine to create fettuccine strips!

Simone & Kristy cooked the pasta & made the tuna sauce. Hey presto! Pasta al Tonno ... Bellissimo!

Throughout the experience, I shared Italian words with the children – *eccellente*, *uovo* (egg) & the names of different pastas. Ben asked "Why do you say pasta so funny Pauline?" to which I said "I'm saying it the way Italian people say the word, with an Italian accent. Australians say it like *parsta* but Italians say it like *pusta*!"

This experience was a wonderful opportunity for me to share aspects of my cultural heritage with the children (Outcome 1); for the children to learn more about the Italian culture, food & language; & for the children to respond to diversity with respect (Outcome 2).

Planned & facilitated by Pauline & Kristy (student)  
Thursday 26<sup>th</sup> November 2015

